

WEEK 1

WEEK COMMENCING:

Secondary School Sample Menu: Spring Summer 2018



MENU

MAIN MEAL 1

MONDAY

Beef Cobbler

TUESDAY

Sausage Plait

WEDNESDAY

Roast Turkey & Stuffing

THURSDAY

Moussaka

FRIDAY

Breaded Haddock Fillet

MAIN MEAL 2

Sweet Potato & Chickpea
Curry

Vegetable Stroganoff

Honey & Mustard Glazed
Quorn Fillet

Spaghetti Neapolitan

Quorn Dippers

HOT SNACKS

Jacket Potato with Various
Fillings
Baguettes
Wraps
Hot Sandwiches
Pasta Bar

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DELI RANGE

A selection of assorted Hoagies, Sandwiches, Baguettes, Deli Rolls, Salad Pots and Wraps are available daily

SIDES

Creamed Potatoes
Rice
Selection of Breads

Parsley Potatoes
Rice
Selection of Breads

Roast Potatoes
Creamed Potatoes
Selection of Breads

Garlic Bread
Selection of Breads

Chips
Selection of Breads

VEGETABLES & SALAD

Salad Selection
Seasonal Vegetables

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Seasonal Vegetables

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Seasonal Vegetables

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Seasonal Vegetables

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Seasonal Vegetables

DESSERTS

Sticky Chocolate Pudding
Shortbread

Courgette Muffin
Ice Cream & Peaches

Summer Berry Crumble
Orange Iced Sponge Cake

Fruity Rice Pudding
Ginger Biscuit

Pineapple Upside Down Cake
Oat Crunchie

Fresh fruit, yoghurts,
bread and a selection
of drinks available daily

