

Inspire and Challenge the Young People in Your Care



'Skills for Life' activity programmes for young people

- During the day, evening or weekend and school holidays
- One off experiences or progressive programmes

Training courses for adults to deliver activities

- Local leader awards in climbing, mountain biking, orienteering
- National awards for caving, kayaking, canoeing, climbing and abseiling, hill walking



Camps and Expeditions

- Trips away with young people all over the UK
- Duke of Edinburgh Award scheme expeditions
- Staff training trips

WHY CHOOSE US?

All our programmes are designed and delivered to help young people achieve specific goals as well as have a load of fun!!

COURSES PROVIDE THE CHANCE TO LEARN AND DEVELOP:

Leadership

Personal Challenge

Understanding Risk

Healthy Activity

Working in a team



Responsibility

Planning

Enjoy Success and Achievement

Learn new skills

Build confidence



How to get in touch:

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