

Interested in becoming
a Buddy Plus+ Mentor?

For further details contact:

Buddy Plus+ Mentoring Project
Derbyshire Youth Offending Service
Cobden Road
Chesterfield
S40 4TD
01629 537658 or
01629 537615

email: tony.faulkner@derbyshire.gov.uk

www.saferderbyshire.gov.uk

Equal Opportunities

Derbyshire Youth Offending Service's policy is to provide services fairly to all sections of the community and to give equal treatment to its service users regardless of their age, disability, HIV status, marital status, race, religion, sex, sexuality or national origin.

Data Protection

Personal information is always treated as confidential in accordance with the Data Protection Act 1998.

Complaints

Any complaint about the service you receive should be addressed in writing to:

Head of Youth Offending Service
FREEPOST RRIH-UJYZ-UJSE
County Hall, Matlock DE4 3AG
01629 538233

email: youthoffendingservice@derbyshire.gov.uk

contacts

Local Offices

56 Cobden Road
Chesterfield S40 4TD
01629 537615

Kingfisher House
Cotmanhay Road
Ilkeston DE7 8HU
01629 531975

Area Education Office
Kents Bank Road
Buxton SK17 9HJ
01629 531085

Connexions
Rink House, Rink Road
Swadlincote
DE11 8JL
01283 229709

For more information about youth justice visit
www.yjb.gov.uk

Help Vulnerable Children & Young People in Your Community

Become a Volunteer Mentor with Buddy Plus



What is Mentoring?

'Mentoring is a one to one, non-judgemental relationship in which an individual voluntarily gives time to support and encourage another. This is typically developed at a time of transition in the mentee's life and lasts for a significant and sustained period of time.' (Home Office)

What do mentors do?

- ▶ Listen to the young person
- ▶ Take interest in the young person
- ▶ Create a climate of trust
- ▶ Create a safe learning environment
- ▶ Explore the young person's world
- ▶ Share stories and experiences
- ▶ Help the young person set their own agenda
- ▶ Manage the relationship

What can the Buddy Plus+ Mentoring Project offer to a young person?

The Buddy Plus+ Project recruits and trains volunteer mentors to work with young people between the ages of 8 and 18 who have literacy, numeracy and lifestyle problems and are at risk of:

- ▶ Social exclusion
- ▶ Educational exclusion
- ▶ Committing anti-social or offending behaviour

The aims of Buddy Plus+ are:

- ▶ To improve the young person's self-esteem through a positive relationship with a mentor
- ▶ To improve the young person's basic literacy, numeracy and life skills
- ▶ To build the young person's confidence through achievement
- ▶ To provide positive role models for the young person
- ▶ To reduce the potential of offending behaviour

What do you get out of becoming a Buddy Plus+ Mentor?

- ▶ An initial training programme accredited to the Open College Network at Level 2
- ▶ A chance to work with young people to make your community a better place to live
- ▶ Out of pocket expenses
- ▶ Support, supervision and on going training
- ▶ The chance to make a difference to a young person's life chances and to your community

Do you have what it takes?

- ▶ Are you over 21 with two or more hours to spare each week?
- ▶ Do you have an empathy with young people and a wish to be a positive role model for them in their community?
- ▶ Are you broad-minded and non-judgemental?
- ▶ Are you patient, reliable and have good communication skills?

If you can answer yes to these questions, you could train to become a Buddy Plus+ Volunteer Mentor and make a difference to the life of a young person in your community.